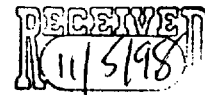




Oregon's Wild Harvest DEC -1 P1 :52

October 13, 1998

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street
Washington, D.C. 20204



Notification of Statements
of Nutritional Support

This notification is filed pursuant to section 403 (r) (6) of the federal Food, Drug, and Cosmetic Act (FDC Act), 21 U.S.C. ss 343 (r) (6). Please see attachment for a listing of dietary supplements and corresponding statements of nutritional support.

These statements are being accompanied by the required disclaimer pursuant to Section 403 (r)(6)(C) of the Act.

Statements of nutritional support are based on data which render these statements substantiated, truthful and non-misleading.

Two copies of this letter and its attachment are enclosed.

Sincerely,

Randal R Buresh
President

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Dietary Supplement	Brand Name	Statement of Nutritional Support
Dong Quai	Natural Choices Dong Quai	Nutritional support for the healthy female
Echinacea angustifolia, E. purpurea	Natural Choices Echinacea Purpurea	Nutritional support for the body's natural defense system
Echinacea angustifolia, E. purpurea	Natural Choices Echinacea with Zinc and C	Nutritional support for the body's natural defense system
Garlic	Natural Choices Garlic	Nutritional support for a healthy circulatory system
Goldenseal	Natural Choices Goldenseal	Nutritional support for mucous membranes including sinus
Milk Thistle Seed	Natural Choices Milk Thistle Seed	Nutritional support for healthy liver functions
Saw Palmetto Berry	Natural Choices Saw Palmetto	Nutritional support for a healthy prostate
St. Johns Wort	Natural Choices St. Johns Wort	Nutritional mood support
	Oregon's Wild Harvest	
Cascara Sagrada	Cascara Sagrada	Supports Bowel Function
Cranberry fruit	Cranberry fruit	Urinary tract support
Dong Quai Root	Dong Quai Root	Support for the healthy female
Garlic	Garlic	Support for Cardiovascular system
Ginkgo biloba	Ginkgo biloba	Support for mental clarity
Goldenseal	Goldenseal Root	Nutritional support for mucous membranes including sinus
Saw Palmetto Berry	Saw Palmetto Berry	Nutritional support for prostate
St. John's Wort	St. John's Wort	Nutritional Mood Support
Valerian Root	Valerian Root	Promotes rest and relaxation
Bromelian	Bromelain Supreme	Joint and connective tissue support
Dong Quai, Chaste Tree Berry	Dong Quai Wild Yam	Supports healthy female cycles
Echinacea angustifolia, Goldenseal	Echinacea Goldenseal	Seasonal Support for Sinus and Immune systems
American & Siberian Ginseng root	Ginseng Supreme	Nutritional support for vitality
Milk thistle seed and extract	Milk Thistle Supreme	Liver support
Echinacea angustifolia	Premium Echinacea	Immune system support
Saw Palmetto Berry	Saw Palmetto Supreme	Nutritional support for prostate
Valerian Root	Valerian Supreme	Promotes Rest and relaxation
Milk thistle seed and extract	Dandelion Milk Thistle Extract	Liver support
Echinacia angustifolia	Echinacea Goldenseal Fresh Extract	Immune system support
Echinacia angustifolia	Premium Echinacea	Immune system support
Ginkgo	Ginkgo Gotu Kola extract	Memory support
Saw Palmetto Berry	Saw Palmetto Compound Extract	Prostate support
Valerian Root	Valerian Supreme	Supports restful sleep
Valerian Root	Valerian Plus	Relaxation Support
Elecampane	Compound Elixir of Horehound	Nutritional Respiratory Support
Marshmallow Root	Stomach health	Supports digestive balance

	Great Northwest Herb Company	
Garlic bulb	Garlic	Support for cardiovascular system
Ginkgo biloba	Ginkgo biloba	Support for mental clarity
Goldenseal	Goldenseal	Nutritional support for mucous membranes
St. John's Wort	St. John's Wort	Nutritional Mood Support
Valerian Root	Valerian Root	Promotes rest and relaxation
Bromelian	Bromelian Compound	Joint & Connective Tissue Support
Dong Quai, Chaste Tree Berry	Dong Quai Compound	Supports healthy female cycles
Hawthorn	Hawthorn Compound	Helps maintain cardiovascular health
Milk Thistle Seed Powder & Extract	Milk Thistle Compound	Healthy liver support
Saw Palmetto Berry	Saw Palmetto Compound	Nutritional support for prostate
Milk Thistle	Dandelion Milk Thistle	Liver Support
Echinacea angustifolia	Echinacea Goldenseal	Immune support
Echinacea angustifolia, E purpurea	Premium Echinacea	Immune support
Ginkgo biloba	Ginkgo Gotu Kola	Memory support
Saw Palmetto	Saw Palmetto Compound	Prostate support
Valerian Root	Valerian plus	Relaxation support
Valerian Root	Valerian Supreme	Supports restful sleep
	Helen's Health	
Dong Quai Root	Dong Quai Root	Support for a healthy female cycle
Garlic	Garlic	Cardiovascular support
Gotu Kola	Gotu Kola	Support for mental clarity
Valerian Root	Valerian Root	Promotes rest and relaxation
Bromeline	Bromelian Supreme	Joint & Connective Tissue Support
	Echinacea Goldenseal with vitamin C	Seasonal Support for sinus and the body's Natural Defense system
Saw Palmetto	Saw Palmetto Supreme	Nutritional support for prostate
Valerian Root	Valerian Supreme	Promotes rest and relaxation
	Vitamin Villa	
Elecampane	Compound Elixir of Horehound	Nutritional Respiratory Support